

Media Release

For Immediate Release

April 12, 2006

Suddenly downsized from the corporate world, Sue Kenney walked 780 kilometers on the Camino de Santiago de Compostela. Her first book *My Camino* was published, and her life changed dramatically. Now she is producing films about the lessons she learned on the way. A documentary about the journey of 5 women walking the Camino is in post-production and on Mother's Day a three minute film will be released, based on a popular fable Sue tells about the Sorrow Stones she finds along her path. Her second book, *Confessions of a Pilgrim*, to slated be released Fall 2006. www.suekenney.ca

Sue Kenney's story will run this **Sunday April 23 at 9:00 pm on Book TV**, and then it will repeat on **Bravo Thurs. April 27 @ 5pm.**

http://patriki.fotki.com/shoots/camino_de_santiago/

Sue Kenney

Following a successful international career in the high tech industry, Sue was suddenly downsized and decided to go for a long on the Camino de Santiago de Compostela; a medieval pilgrimage route in Spain. She walked 780 kilometers, alone in the winter. It was on this journey she learned that her life purpose is to inspire others using her voice. When she returned home, contrary to her past life in the corporate world, she developed an artistic practice that focussed on living the lesson of the Camino by producing and performing the spoken word, as well as writing fiction, non-fiction and a screenplay. By applying the discipline learned as a master's world class rower, her artistic endeavours have evolved to designing workshops based on teaching personal and business leadership skills, using the concept of walking a pilgrimage as the process to develop leadership and creativity. Sue is a life coach to a variety of clients that range from business leaders, authors in the process of writing their manuscript and pilgrims about to embark on walking the Camino.

In the corporate world, Sue was involved in the production of many events, product launches, sales campaigns as well as training and sales videos. In 2004, Sue wrote, produced and recorded a storytelling CD *Stone by Stone* which has reached sales of over 3000 copies. Her first book, *My Camino* was released by White Knight Publications in Toronto and has attracted international fame. Last summer Sue joined writing partner Bruce Pirrie at the Muskoka 3-Day Novel Marathon and co-wrote a romantic comedy called *The Green River Book Club*. They also co-wrote a treatment, sample scenes and pitch package for a screenplay based on the book *My Camino*. Sue presently writes an e-newsletter called *Inspirational Moments* which can be read on her website.

In October 2005, Sue lead a group of five women on the Camino to walk 240 kilometers in 12 days. Sue organized the details, coached the pilgrims, developed the program, and lead the group on a spiritual journey. Sue is the director and co-producer of a documentary she filmed on that journey which is now in post production.

She lives on a lake north of Toronto and Sue is presently working on a variety of artistic projects. Sue has been seen on Breakfast Television Toronto/Halifax, Good Morning Canada, Omni's Fineprint, Rogers, CTV, CBC Radio and much more. Sue lives each day with a commitment to her purpose and does so with absolute passion to inspire others on their journey.

www.suekenney.ca

Contact Sue at 416 985 8759