

# Inspirational Moments

Welcome to the Summer 2007 issue of Sue Kenney's words, stories and events on and off the path of the Camino de Santiago de Compostela.

## Stories from My Path

Today I find myself back in the place where I started. Looking out at the water on Lake Couchiching, I am now writing a screenplay adaptation of my story. It is a kind of test for me to remain true to my word and to the Camino. I find myself constantly asking for guidance..then I remind myself to be patient. I surrender putting my trust in the creative process once again.

Four years ago I wasn't an author. In 2001 after being suddenly downsized at 45 years old, I decided to walk 780 kilometers across the north of Spain on a medieval pilgrimage route called the Camino de Santiago de Compostela. I went alone in the winter. After a life-altering experience, I returned home and told stories. In 2004 my first book was released. Sue Kenney's *My Camino* is published by White Knight Books, and has become a Canadian best seller. I have penned a deal with Cirrus Productions (Montreal) to option the movie rights and I am presently co-writing the screenplay adaptation with Bruce Pirrie, an award-winning writer, editor of my book and the director of Second City's smash hit, Facebook of Revelations. And I have a literary agent, Butler Ruston Bell too.

Only a few weeks ago, my second book *Confessions of a Pilgrim* was released. In this book I return to the celebrated ancient Spanish pilgrimage path to walk 500 kilometers on the Portuguese Route. Prior to leaving I am entrusted with a sacred Eagle Feather by a Native friend as a result of a vivid dream. My mission is to find a worthy recipient before returning home. At first I was afraid to hear what people had to say about this story, wondering if I could write a book that was as well received as my first one. Then I remembered that it's a story I'm sharing. It's not right or wrong, it just is. And so I begin writing about the Camino again. When one journey ends, another begins. Namaste

**Sue**

*"I'm living a dream I didn't know I had." Sue Kenney*

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**This Month's Virtue is Patience** A virtue represents moral excellence, honor and integrity. **Patience** is being in the moment. Take a deep breath and pause. Discover what is all around you. Intentions are stated in the present moment as an action. Repeat your intentions daily and act as if it is so to create the reality you truly desire. **Intention - I am patient.**

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**Being on Purpose: A Woman's Journey. Tuesday August 27 at 7:00pm at the National Club in Toronto.** Join us for an inspiring evening where Sue will be talking about how she discovered her life purpose. She will share how her intention to manifest **her voice** in every aspect of her being. Go to [www.suekenney.ca/events](http://www.suekenney.ca/events) for details.

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## Camino Update

La Voz de Galicia newspaper reported that almost 41000 Compostela *were* given out in the first 6 months of this year. This is up about 8000 from last year. Germany had the largest number of foreign pilgrims with 6,952 - followed by France with 3,226, and Italy with 2,715. Smaller numbers were Dutch and Belgians. There were 16,260 from Spain.

**\*See Santiago de Compostela\*** Check out the Santiago Web Cam at the Cathedral <http://www.crtvg.es/camweb/index.asp?id=12&mn=COR>  
In addition to the Pilgrims' Mass each day at noon in the Cathedral they have now introduced an evening service from 9 - 10pm.

**Camino Books in Cathedral Library:** A copy of My Camino, Confessions of a Pilgrim and Las Peregrinas the documentary are now archived in the library of the Cathedral of Santiago de Compostela.

**Another Camino Documentary** The Way Within and Without can be ordered on the Confraternity of St James website. [www.csj.uk.org](http://www.csj.uk.org)

## Video Clip of Sue Reading at Book Launch

<http://www.bookshorts.com/blog/index.html>

**New Pilgrim Book** My dear pilgrim friends Mony Dojeiji and her husband Alberto have written a book about their incredible journey walking 5000 kilometers from Rome to Jerusalem. [www.walkingforpeace.com](http://www.walkingforpeace.com) and [www.caminandoporlapaz.com](http://www.caminandoporlapaz.com) in Spanish. Also, Canadian pilgrim Robert Ward has written an excellent book called *All the Good Pilgrims*. [www.robertward.ca](http://www.robertward.ca)

**Camino Radio Interview** with Sue and three dynamic women from Halifax, New Brunswick. <http://www.womensradio.com/content/templates/?a=1849&z=10>

Radio interview with Sue "Living on Purpose"  
[www.chly.ca](http://www.chly.ca) ~ 101.7 fm (Tuesdays 2-4 pm)

Quebec Pilgrim's Association [www.duquebecacompostelle.ca](http://www.duquebecacompostelle.ca)  
Canadian Company of Pilgrims Toronto [www.santiago.ca](http://www.santiago.ca)  
American Pilgrims [www.americanpilgrims.com](http://www.americanpilgrims.com)

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## New Camino Workshop

### **Journey to the Soul-2 day workshop-October 13/14, 2007.**

This intensive workshop is about you. In this workshop, you'll gain insight about where your life journey is going, where you would like it to go and how to get there. There's a saying, "If you want to make God laugh, make plans." There are some things you just can't control. By making choices in your life, you have some power and that adds to having more balance and peace in your life. We'll work through a disciplined pilgrim approach to **understanding your judgments, defining purpose, realizing your voice, manifesting intentions and enhancing your creative potential.** You will learn life skills. The workshop will be held at Sue's cottage on Lake Couchiching (2 hours north of Toronto) which can accommodate limited overnight guests. Contact Sue as soon as possible at 416 985 8759. Workshop Fees include meals. Fees for 2 day workshop \$495.00 plus gst. Bring a friend and you can come for 1/2 price. Payment can be made by cheque, Visa or MC.

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## Testimonials

You should know that I think your book Confessions of a Pilgrim well written. It reads with ease and it flows naturally. You are a talented writer and, obviously, have the needed discipline that such vocation demands. Rosina, New York, USA

Hi Sue, Firstly I thank you wholeheartedly for speaking with me. Without knowing who I was or why I was calling you selflessly provided me helpful information on getting my book out there as well as ways of receiving and interpreting feedback. Again, thank you for your time and input. After speaking with you I immediately ordered your book 'My Camino', it was on my list to order anyhow after seeing you on Jill Hewlett's show, and have since read it. What an incredible journey you have experienced! I couldn't put the book down and I must say emotionally and spiritually it felt like I was walking beside you during your 29-day adventure, only thankfully I don't have the physical ailments to show. You truly are an inspiration in so many ways – realizing dreams and goals, conquering fears, finding one's higher purpose and most importantly sharing your secret to happiness with others. I needed to read your book. It has reinforced the reason why I'm sharing my story and I have renewed confidence. I'm looking forward to reading "Confessions of a Pilgrim" and wish you much joy and fulfillment with your upcoming feature film. I would love to send you a copy of my book "Sisters Revealed". Take care and thanks again, Debbie

Dear Sue, Thank you very much for inviting me to your book launching event and all the trust you have given by asking me to be at the door. It was a great pleasure being part of

your team. It was a very pleasant and peaceful evening, your reading was fabulous, and you really know how to pass on your passion for life. ;) Thanks for sharing your stories.  
Luiza Ayala

Sue, Keep up the great work. I am living vicariously through you.  
I love your bio and looking back... way back... You were always the friendly outgoing of the Regan family. I am honored that our "path of life" continues to cross on this journey.  
Keep doing what you're doing. Warm and sincere regards, Betty lagallo

Bonjour Sue. It was a pleasure to meet you finally after John had spoken so much about you and as well, I have read your book! Bravo!! So, I have done NOTHING at all today but think of going there. Not sure how to go about this, however any insight will be wonderful. Nicholette Williams

**Confessions of a Pilgrim by Sue Kenney**—The word Confessions is referred to in its other meaning as a statement of one's beliefs. Sue returns to the Camino on the Portuguese Route entrusted with a sacred Native Eagle Feather and a mission to find a recipient. Pre-order through your independent book store, Chapters or Indigo or order a personally signed copy at [www.suekenney.ca/books](http://www.suekenney.ca/books) **\$22.95 plus tax and shipping.**

**Sue Kenney's My Camino** The true story about the spiritual journey of a woman confronting her deepest fears. [www.suekenney.ca/books](http://www.suekenney.ca/books) **\$19.95 plus tax**

**Las Peregrinas...the women who walk.** Feature length documentary about 5 women who walk with Sue in the fall of 2005. See a clip from the film at [www.suekenney.ca](http://www.suekenney.ca) or order your own DVD copy at [www.suekenney.ca/lasperegrinas](http://www.suekenney.ca/lasperegrinas)

I welcome the chance to do a storytelling or reading event in your area, please contact me directly. [sue.kenney@sympatico.ca](mailto:sue.kenney@sympatico.ca) or 416 985 8759

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**Screening of Las Peregrinas...the women who walk.**  
**Cinefest Sudbury International Film Festival** Official Selection  
*Las Peregrinas*, Director. Sue Kenney. *Las Peregrinas* is a powerful and moving documentary feature length documentary about facing our deepest fears by questioning the value of everything we were taught to believe is important. Five women walk the Camino and here we are privy to the struggles and epiphanies of their journey.

**Watch a short film about the Sorrow Stone story** at [www.bookshorts.com](http://www.bookshorts.com)

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## **Sue's Background**

After spending over 20 years in the telecom industry, in October 2001, Sue's position as an account executive with an international telecommunications company was deemed

redundant. Five weeks later, she took her first step on the Camino de Santiago de Compostela, a pilgrimage route covering 780 kilometers in 29 days. When she returned home she began telling stories of her journey and changed her life. An international inspirational speaker, workshop designer and entrepreneur Sue gracefully integrates the lessons of the Camino with her business and athletic expertise, offering a unique perspective to a life journey. For Coaching and Inspirational Keynote Speaking at your event contact Sue at 416 985 8759.

**Feel free to share this newsletter.** If you have any comments or suggestions please email [sue.kenney@sympatico.ca](mailto:sue.kenney@sympatico.ca) If you wish to be removed from this list just send an email with the words unsubscribe in the subject area. Your email and contact information will not be shared or sold to anyone else.

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