

Inspirational Moments

Welcome to the October 2006 issue of Canadian pilgrim Sue Kenney's written words, stories and events about the ongoing journey on and off the Camino de Santiago de Compostela. This month's Virtue is tenacity. A virtue represents moral excellence, honour and integrity. An intention is one's virtue stated in act of being.

A film with soul.

Spiritual cinema is genre of films that are never released as main stream even though they include some of the most visionary and inspiring movies you'll see. Because they don't fit into the typical theatrical release mold, they are often discovered by word of mouth. For the last year I have been working with a special group of people, on creating a compelling documentary called **Las Peregrins. The women who walk.**

Las Peregrinas tests the question: What is lacking spiritually, emotionally, and physically from the lives of modern women that compels them to voluntarily choose to suffer both the joys and anguish of walking hundreds of kilometers on a medieval pilgrimage route? On this journey, no one gets eaten by a bear. Instead the film follows the nurturing path and events of the women's journey through the process of adapting to becoming simple pilgrims on a quest of **self-discovery, leadership, empowerment and choice.**

It is my honour to share the stories.

Namaste.

Sue

Newsletter Contents

Las Peregrinas

The women who walk.

The Camino de Santiago de Compostela in Spain has become the pilgrimage of choice for modern Christians and spiritualists of every kind. Traveled by pilgrims for the last 1100 years, the Camino's legendary power to transform lives continues to be documented, theorized upon, painted and discussed by countless artists, filmmakers, writers and photographers the world over. I realized a life altering experience when I walked the Camino in 2001. Now as a veteran pilgrim, author, and inspirational speaker, I returned to Spain to shepherd a group of female pilgrims.

I am absolutely thrilled to announce that the worldwide release on DVD will take place on the weekend of November 3rd, 2006. Over 2000 people on five continents will convene at Gatherings organized by individuals to screen the documentary film Las Peregrinas and raise money for a cause

that is important to them. *A special thanks to everyone who has contributed to this project and those who have sponsored a Gathering to screen the film. We are all a part of very a special contribution to the world.*

There is still time for you to be a part of this incredible journey...

You can host a Gathering in your home or community. Do you know a few people who would be interested in seeing this feature length film? It's suitable for teens and even children. Are you looking for a way to raise funds for a cause that's important to you? Contact me sue.kenney@sympatico.ca and I will send you an application. Gatherings can be scheduled anytime.

A 5 minute sample of the film is available for download
www.suekenney.ca/lasperegrinas

Premiere Film Screenings

Nov 3rd Orillia Opera House at 7pm-400 people

Nov 4th Toronto YMCA 50 Grosvenor St. 7pm-300 people

Nov 5th London Kings College Auditorium at 2pm and 7pm-600 people

and more Gatherings listed at www.suekenney.ca/lasperegrinas

Please share this information with anyone you know who might be interested. Thank you for your interest, guidance and support. Feel free to call or email if you have any questions.

Testimonials

Sue, I bought your book @ Chapters yesterday ! 'My Camino' is great and really makes me want to pack up a bag and go again ... I like your way of writing and sharing your thoughts. *Because with your descriptive style -I felt like I was walking right there beside you !"*

Sheila MacDonald, Calgary, AB

Good morning Sue,

I am compelled to send this e-mail to you, to say thanks for a truly inspirational presentation, last night at the Toronto Writer's Centre. (I am the person with the two-year old son who want to get into writing children's stories). Your journey and cross-over from the hustle and bustle of the corporate world to the Camino lifestyle is just simply amazing. I will be turning 45 next month and I am gingerly stepping out on my own journey, in pursuit of my goals and to fulfill a burning desire to write. Sue you are true inspiration and by sharing your wonderful stories, I believe that you

have touched a placed inside of me that is taking me closer to that turning point where I am ready to (kick ass ... just kidding) to realize my dreams.

I am armed with your book (which I began reading on the Go bus on my way home last night) and my stone sits on my desk in front of me to help me keep on track. Its weird but I really do feel that this stone has mystical properties to it. Once again Sue, many thanks for a remarkable evening and keep on doing what your doing!.

Sandra Williams, Toronto

My Next Book Confessions of a Pilgrim Written by Sue Kenney.

Edited by Bruce Pirrie. *It's the true story about my inner journey walking the Portuguese Route of the Camino, to Finesterra, Muxia and back along the route in both directions. Before she left to walk, Sue was given an Eagle Feather by a native friend. In a dream, she was told to give it to me with instructions that sent her on a quest. And so the journey continues. To pre-order books contact sue.kenney@sympatico.ca A short film about the book has been co-produced with BookShorts Go to www.bookshorts.com*

Oliver Shroer Camino Concert to see what he's all about. Tickets for the Huntsville concert can be reserved by contacting the current president of the Huntsville Association for the Performing Arts, (who happens to be Oliver's sister) Martina Schroer via email: jonquilamabile@hotmail.com. For more info www.oliverschroer.com

Flip Book is a animated short film produced by Sue Kenney and Directed by Bruce Pirrie about the Muskoka Novel Marathon. We are excited to have received funding through Bravo FACT and look forward to the national broadcast release in the Bravo television network.

Sue's Profile Sue's life work is based on a philosophy that core leadership is based on awareness, love, compassion, discipline, truth, humility, grace and simplicity. Through Inspirational Speaking, Coaching and Workshops Sue provides a new approach to achieving balance in one's business and personal life. Workshops ideas; principled leadership skills; getting more balance in your life; goal setting through intentions; handling stress using breathwork; increasing awareness for creativity; teamwork through surrender and there's more.

Vision 10 Million *Walking the Camino has become my life. I believe that walking is an art form. I believe that walking is an art form and through the artistic process we all contribute love to the universe. Beethoven was paid a salary for simply walking. Three Austrian noblemen guaranteed him 4000 Gulden a year if he would walk each day from sunrise until noon, because he composed better while walking. I believe there is a strong co-relation between walking and creativity. Walking is a simple universal act that can be done anywhere; there is no language barrier, no equipment and no training required. One day I would like to have my own foundation that pays artists to walk. I see 10 million pilgrims worldwide walking on November 1, 2010. What do you see? Write and tell me what you see.*

Other Links

Porto Peregrino- The best Brazilian Camino Site www.caminhodesantiago.com

The Little Company of Pilgrims go to www.santiago.ca

American Pilgrims Association www.americampilgrims.com

Camino pictures; Grant Spangler <http://community.webshots.com/user/ElCaminoSantiago>

Travel and Transitions transformational experiences www.travelandtransitions.com

Timefinders Coaching for Women in Midlife www.timefinderscoaching.net

The National Network of Conscious Individuals Working together at: www.consciouscommunity.ca

Feel free to share this newsletter. If you have any comments or suggestions please email sue.kenney@sympatico.ca

www.suekenney.ca

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