

Inspirational Moments

Welcome to the May 2007 issue of Sue Kenney's words, stories and events on and off the Camino de Santiago de Compostela.

Stories from the Path

It's been a while since I sent my newsletter and I've missed you . My energy has focused on editing my second Camino book, *Confessions of a Pilgrim*. It's been a long journey, filled with joy, fear, love, grace, exhaustion compassion and every other emotion I have ever experienced in my life. My return to the Portuguese Route of the Camino begins as a calling to reconnect with the path and the pilgrims of the past. Just before I left, I was entrusted with an Eagle Feather by a Native friend who had a dream about me. Filled with honour and uncertainty I embarked on a quest, to find a recipient for the Eagle Feather walking 500 kilometers alone on the Camino. The book will be launched at the BookShorts booth at BookExpo in Toronto on June 9 &10. A special author event is set for June 24th. at Lula Lounge in Toronto and you're invited.

The Camino documentary **Las Peregrinas** that was filmed in October 2005 on the Camino Frances as been selected for the Reelheart Film Festival in Toronto on June 23rd. It's a thrill to be a part of this festival and I invite anyone in the area to come the festival and support independent filmmakers. For more information about the festival that runs from June 18-23 go to www.reelheart.com/2007/festival/officialprogram.php. You can watch a 5 minute trailer on my website and see the Botafumiero swinging in the Cathedral.

My purpose in life is to use my voice to share stories to inspire people. Since I returned from my first Camino in 2001, I've been storytelling, speaking, writing, making films and narrating the tales of the Camino. For the last year I have been involved in conversations with Cirrus Productions in Montreal about the possibility of doing a feature film based on an adaptation of my first book, My Camino. It's now moving forward. They have optioned the book and agreed that I co-write the screenplay with my partner Bruce Pirrie who's professional background is writing for theatre, television and feature films . Cirrus has received development funding from Telefilm and will be looking for a European partner. I absolutely believe they will create a great Canadian film that will contribute something special to the universe. And so the journey continues.

Namaste

Sue

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This Month's Virtue Creativity

A virtue represents moral excellence, honor and integrity.

My rowing coach Paul Westbury used to say, "What the mind believes the body will deliver."

Creativity takes place in the present moment.

Intention

Intentions are stated in the present moment as an action. Repeat your intentions daily and act as if it is so to create the reality you truly desire.

I am creative.

Camino Update

- The 10th annual pilgrim gathering in Williamsburg March was a fantastic experience. I met pilgrims from all over the world and we shared experiences and ideas. For more about it and next year's event in California go to www.americanpilgrims.com
- For an audio guide with everything you need to know about planning a trip to hike the Camino de Santiago. The audio guide is an interview between a husband and wife. They answer some of the basic questions most people have about the Camino de Santiago. www.kellycrull.com/podcasts/el_camino_de_santiag/
- An article about women walking can be found at www.caminodesantiago.me.uk
- Sadly, a Brazilian mother of two died of natural causes on the Camino-go to practical advice-forum on www.caminosantiago.com

For information about meetings and advice is available from the Canadian Company of Pilgrims Association www.santiago.ca

Listen to Sue on CFRB 1010. On Sunday May 20, I was interviewed by Christina Cherneskey about my Camino experience. You can listen to the entire half hour interview on <http://www.cfrb.com/shows/501342>

Testimonial

Thank you so much for taking the time to reply to me personally! – I am impressed! (never do I get any replies from radio personalities. They all say they write emails but rarely do you hear from them.) I would love you to send me a stone and thank you for suggesting this.

Irene

Mississauga, Ontario.

A Camino interview from the heart with Yvonne Erlichman at www.godboxcafe.com,

Books and Documentary

“New Book Release”

Confessions of a Pilgrim –The word Confessions is referred to in its other meaning as a statement of one’s beliefs. Sue returns to the Camino on the Portuguese Route entrusted with a sacred Native Eagle Feather and a mission to find a recipient. Distributed by White Knight Books will be available in June 2007.

Pre-order through your independent book store, Chapters or Indigo or order a signed copy at www.suekenney.ca/books

Watch a short film about the Sorrow Stone story at

www.bookshorts.com/confessions

Book Launch Event in Toronto-You are invited!

Confessions of a Pilgrim

By Sue Kenney

Edited by Bruce Pirrie

Sunday June 24th at 7:00-9:30 pm at Lula Lounge

1595 Dundas St W 416 588 0307

www.lulalounge.ca in Portugal Village, Toronto

Please join me in celebration of the Camino and the arts. There will be readings, author signing, film screenings, music, dance and much more. Be the first to have a copy of Confessions of a Pilgrim. **Reserved Tickets \$10 or \$15 at the door.**

RSVP sue.kenney@sympatico.ca

Sue Kenney's My Camino

ISBN 0-9734186-3-X published by White Knight Publications Available at most bookstores including Chapters and Indigo. For a signed copy go to my web site to order.

www.suekenney.ca \$19.95 plus gst

Stone by Stone Meditative Storytelling CD with Sue Kenney

Music by Gary Diggins

Available at on my web site at www.suekenney.ca/bookorder

Las Peregrinas...the women who walk.

Feature Length 85 minute DVD-Order your copy on line at

www.suekenney.ca/lasperegrinas

www.reelheart.com/2007/festival/officialprogram.php *Shannon Kelly*, Director **RHIFF**

ReelHeART International Film Festival (RHIFF) - “*The Filmmakers*”

Testimonial

I loved your story, of how you left your job (laid off?) and took the Camino - only to eventually find clarity in your life. I told my brother about it, who happens to be living a similar fate, and who was also contemplating taking the walk; you should know that he was inspired by your story. Isn't it nice when you inspire people you don't even know?
Massimo, Toronto.

A very special thanks to everyone who shared my book, film and stories with others and to those who helped me at various events. Your support gives me the courage to continue putting one foot in front of the other, even if I can't always see the way.

Sue's Profile

As a writer, coach, workshop facilitator and speaker Sue's life work is based on a philosophy that core leadership skills include awareness, love, compassion, discipline, truth, humility, grace and simplicity. Sue provides a new approach to achieving balance in one's business and personal life using the Camino as a metaphor for life..

Workshops Ideas; leadership skills, having balance in your life; goal setting through intentions; handling stress using breathwork; increasing awareness for creativity; teamwork through surrender and there's more. Or if you need a unique speaker for a special event call me to discuss your needs. 416 985 8759 or check out www.suekenney.ca/inspirationspeaking

Sue's Background

After spending over 20 years in the telecom industry, in October 2001, Sue's position as an account executive with an international telecommunications company was deemed redundant. Five weeks later, she took her first step on the Camino de Santiago de Compostela, a pilgrimage route covering 780 kilometers in 29 days. When she returned home she began telling stories of her journey and then recorded a storytelling CD called Stone by Stone. People who listened to the CD came back asking when the book was coming out. Although she had never written before, Sue decided to embark on a new journey to become an author. Last winter she started writing and her book My Camino rolled off the press. The response has been overwhelming. Her next book Confessions of a Pilgrim will be released in June 2007. Sue's feature length documentary Las Peregrinas is available as a screening edition. Sue Kenney was born and educated in Toronto. An international inspirational speaker, workshop designer and entrepreneur Sue gracefully integrates the lessons of the Camino with her business and athletic expertise, offering a unique perspective to a life journey. Contact Sue directly to discuss your needs.

Feel free to share this newsletter. If you have any comments or suggestions please email sue.kenney@sympatico.ca If you wish to be removed from this list just send an email with the words unsubscribe in the subject area. Your email and contact information will not be shared or sold to anyone else.

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