

# Inspirational Moments

Welcome to the February issue of Sue Kenney's words, stories and events on the path as a pilgrim of the Camino de Santiago de Compostela.

## Stories from My Path

When I returned home from walking 780 kilometers on the Camino in 2001, I committed to using my voice to tell stories about the Camino as my life purpose to inspire others on their life journey. Seven years later, I am still storytelling but now I have a mission to give other women a platform to use their voice. It started with producing and directing the Camino documentary *Las Peregrinas*, about a group of five women who walked and now it's evolved to a gathering of a group of pilgrims of pilgrims and artists to celebrate **International Women's Day on March 8th 2008, in Toronto**. Three of the people involved in this fundraiser are Camino pilgrims. **Suzie LeBlanc**, a pilgrim and world-renowned soprano singer, will be performing *Évangéline* (a famous Acadian legend) and a song she wrote about the Camino. **Anna MacKay-Smith** is also a pilgrim and she is the Director of the show. I will be telling one of my favourite stories from the Camino, the story of the Sorrow Stones. We will be performing along with Lorraine Segato of the Parachute Club, jazz vocalist **Eliana Cuevas**, Aboriginal drummer **Brenda MacIntyre** and comedienne **Deborah Kimmett** among others to raise funds for Habitat for Humanity's Women Build program and the Global Fund for Women. I invite you to join us and if you can't, I encourage you to share this invitation with others. For tickets and more information to to [www.womentowomentoronto.com](http://www.womentowomentoronto.com)

*Love and light,  
Sue*

*"I'm living a dream I didn't know I had." Sue Kenney*

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## This Month's Virtue is Receiving

A virtue represents moral excellence, honor and integrity. I believe we should be in a state of preparing to receive what others have to offer.

**My Intention - I am receiving.**

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## **International Women's Day Toronto Event**

**Saturday March 8, 2008. Glen Gould Studio, Toronto. 8pm.**

**[www.glenn Gouldstudio.com](http://www.glenn Gouldstudio.com)**

*The idea of an **International Women's Day** (IWD) first arose at the beginning of the 1900s in America and Europe when women in many countries did not have either the vote or the right to join a union. Now it is always celebrated on March 8<sup>th</sup> and is an occasion marked by women's groups around the world. This date is also commemorated at the United Nations and is designated in many countries as a national holiday. Women in every country, often divided by ethnic, linguistic, cultural, economic and political differences, come together to celebrate this important date. **International Women's Day** is seen as the chance to promote women's social and political rights and also as a time for celebration of womanhood. Its overarching themes are peace, justice and freedom. To order tickets on line you can go to <http://purchase.tickets.com/buy/TicketPurchase>*

Contact Sue Kenney at 416 985 8759 or [sue.kenney@sympatico.ca](mailto:sue.kenney@sympatico.ca) for more information.

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## **Camino Books**

**Sue Kenney's My Camino** – The true story about the spiritual journey of a woman confronting her deepest fears.

**Confessions of a Pilgrim by Sue Kenney**—The word Confessions is referred to in its other meaning as a statement of one's beliefs. Sue returns to the Camino on the Portuguese Route entrusted with a sacred Native Eagle Feather and a mission to find a worthy recipient.

To purchase books go to Amazon, Chapters or Indigo sites/order a signed copy at

[www.suekenney.ca/books](http://www.suekenney.ca/books)

Watch a film by BookShorts on **Confessions of a Pilgrim** at [www.bookshorts.com](http://www.bookshorts.com)

**New Pilgrim Book** My dear pilgrim friends Mony Dojeiji and her husband Alberto have written a book about their incredible journey walking 5000 kilometers from Rome to Jerusalem. [www.walkingforpeace.com](http://www.walkingforpeace.com).

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## Screening of *Las Peregrinas...the women who walk.*

*Las Peregrinas*, is a powerful and moving feature length documentary about facing our deepest fears by questioning the value of everything we were taught to believe is important. Five women walk the Camino and here we are privy to the struggles and epiphanies of their journey. See a clip from the film at [www.suekenney.ca](http://www.suekenney.ca) or order your own DVD copy at [www.suekenney.ca/lasperegrinas](http://www.suekenney.ca/lasperegrinas). *Las Peregrinas* will be screened at the South Florida Independent Film Festival in April 2008.

In October I walked 100kms in Newfoundland with two other pilgrims, covering sections of the East Coast Trail. It was truly a magical experience and reminded me of being on the Camino. I realized that walking in Canada can be a profound spiritual journey too. Check it out [www.trailconnections.ca](http://www.trailconnections.ca)

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## Updates

Several people wrote to me to find out more about the **Vipassana** ten day Meditation Retreat I attended in January. Vipassana, which means to see things as they really are, is one of India's most ancient techniques of meditation. It was taught in India more than 2500 years ago as a universal remedy for universal ills. For more information or questions please contact me or go to [www.dhammadownload.com](http://www.dhammadownload.com)

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## Sue's Background

After spending over 20 years in the telecom industry, in October 2001, Sue's position as an account executive with an international telecommunications company was deemed redundant. Five weeks later, she took her first step on the Camino de Santiago de Compostela, a pilgrimage route covering 780 kilometers in 29 days. When she returned home she began telling stories of her journey and changed her life. An international inspirational speaker, life coach, workshop designer and entrepreneur Sue gracefully integrates the lessons of the Camino with her business and athletic expertise, offering a unique perspective to a life journey. To invite Sue to your event contact her 416 985 8759 or go to [www.suekenney.ca](http://www.suekenney.ca)

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